



Bend It Like Bengal

Football-themed dance workshops for boys

In 2008, award-winning choreographer Nina Rajarani MBE created *Bend It...*, a contemporary Bharatanatyam work based on football and lads' culture. Srishti has devised a **FREE** workshop package as part of **Big Dance 2010**, using the themes and movement material of *Bend It...* as starting points.



The **FREE** workshops include:

- an **introduction** to basic Bharatanatyam vocabulary;
- **short phrases** adapted from the *Bend It...* repertory;
- a series of **creative exercises**, allowing students to create dance phrases using the vocabulary acquired in the dance exercises
- a final **curtain-raiser presentation** including material devised and performed by members of the community group.

Bend It Like Bengal provides a high-quality, open access dance creation and performance opportunity and positive learning activity for boys and young men.

Workshops will take place after school at **Harrow Arts Centre**, HA5 4EA, from **5-9 July 2010**.

The performance will take place at **6pm on 10 July 2010**. Workshops are **FREE** of charge.

For further information or to book, please contact Srishti on **020 8420 1076** or email **info@srishti.co.uk**

